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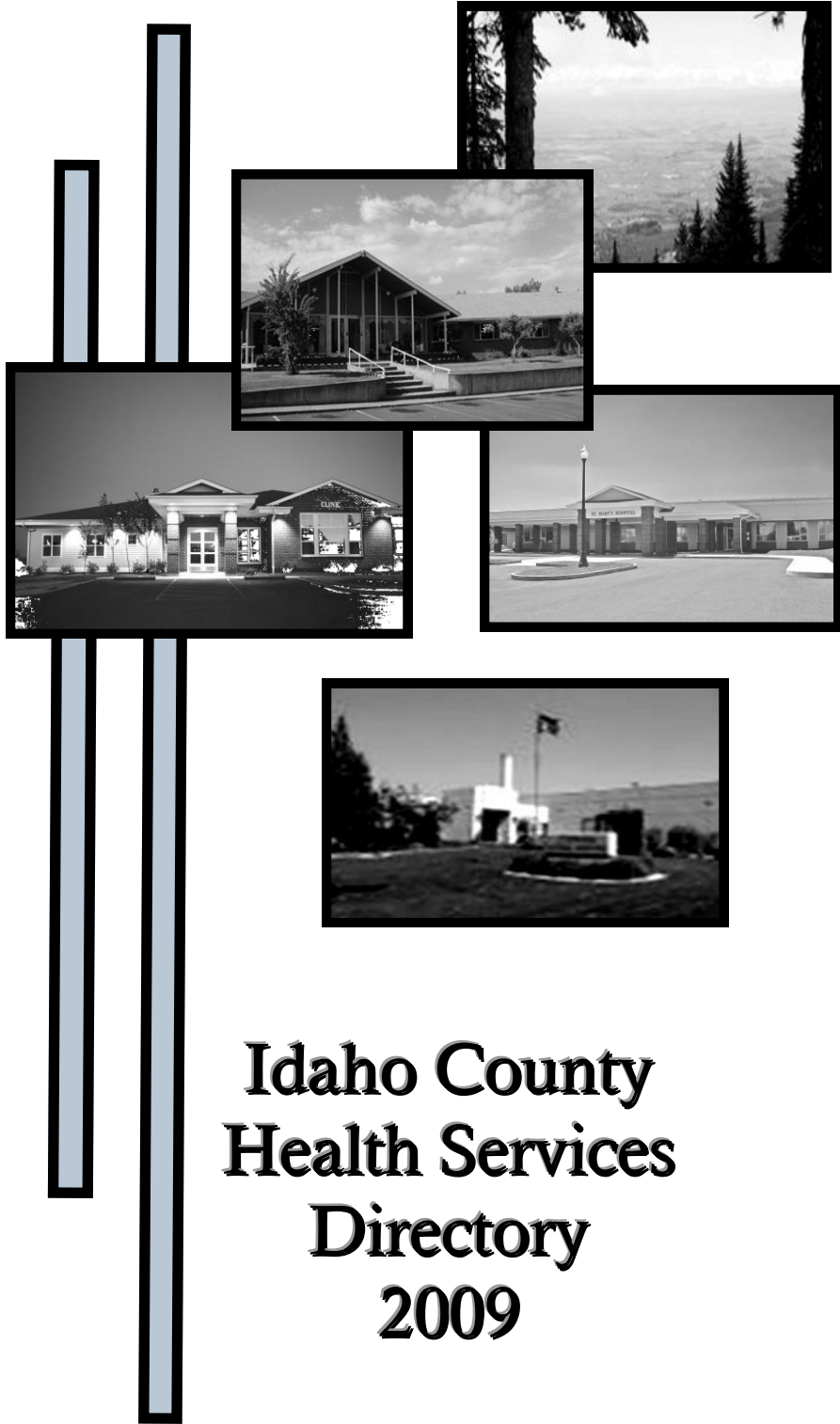
**Idaho County Commissioners
St. Mary's Hospitals and Clinics
Syringa Hospital and Clinics**

Point and click in the Table of Contents to go directly to the page for the listing, or use the links along the left side of this PDF document.

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2009-December-01



**Idaho County
Health Services
Directory
2009**

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EMERGENCY NUMBERS

Fire Department

ALL EMERGENCIES CALL 911

Emergency Medical Services/Ambulance

ALL EMERGENCIES CALL 911

Police Department

ALL EMERGENCIES CALL 911

Idaho County Sheriff's Department

ALL EMERGENCIES CALL 911

NON-EMERGENCY NUMBERS

Fire, Police and Sheriff Business Contacts

Fire Department Business Numbers

Cottonwood	208-962-3231
Grangeville	208-983-2851
Kamiah	208-935-0467
Kooskia.....	208-926-4221

Police Department Business Numbers

Cottonwood	208-962-3231
Elk City.....	208-983-1100
Grangeville	208-983-1351
Kamiah	208-937-2447
Kooskia/Stites	208-926-4221
Riggins.....	208-628-3738 or 1-800-922-9141

Idaho County Sheriff's Department 208-983-1100

Idaho State Police (Region 2 Office in Lewiston)..... 208-799-5151

HOTLINES

Adult Protective Services	211 or 800-926-2588
Child Abuse Hotline.....	211 or 800-926-2588
Domestic Violence Hotline	800-669-3176
Elder and Disabled Abuse (Adult Protective Services).....	800-96-ABUSE
Federal Bureau of Alcohol Tobacco & Firearms (Boise)	208-334-1160
Federal Bureau of Investigation (Salt Lake City, UT)	801-579-1400
Forest Fire Reports Only	800-562-6010
HIV/AIDS Hotline	800-822-7422
Idaho Care Line..... www.idahocareline.org	211 or 800-926-2588
Idaho Poison Control Center	800-860-0620
National Center for Missing and Exploited Children.....	800-843-5678
Poison Information Center	800-222-1222
Rape Crisis & Spouse Abuse.....	800-500-1119
Remove Every Drunk Driver Immediately	800-233-1212
School Safety Hotline.....	877-723-2728
Sexual Predator Information.....	888-357-7332
Suicide Prevention.....	800-564-2120

HOTLINES

Toxic Chemical & Oil Spills (National Response Center)..... 800-424-8802
U.S. Drug Enforcement Administration (Seattle) 206-553-5443
U.S. Marshall Service (Boise) 208-334-1298
U.S. Secret Service (Boise) 208-334-1403

HEALTH SERVICES

Acupuncture

Ostrander, Jeremy, MD 208-962-3267
701 Lewiston St, Cottonwood, MD 83522

Assisted Living Facilities

Meadowlark Homes 208-983-0989
701 W 2nd St, Grangeville, ID 83530

Cancer Support

American Cancer Society Resource Center 208-983-4664 or 800-537-7710
202 North A St, Grangeville, ID 83530

Chiropractors

Bartholomew Pain Relief Clinic 208-935-0342
4th & Main, Kamiah, ID 83536
Dr. Kim Bartholomew, DC

Haug Chiropractic Clinic 208-983-2458
113 S A St, Grangeville, ID 83530
Dr. James M. Haug, DC

Clinics – Medical

Clearwater Valley Clinic – Kooskia 208-926-7801
201 Thenon, Kooskia, ID 83539

HEALTH SERVICES

Clinics – Medical (Cont.)

Lewis & Clark Health Clinic	208-848-8300
338 6 th St, Ste 1, Lewiston, ID 83501	
Nimipuu Tribal Health – Kamiah	208-935-0733 or 888-891-0733
313 3 rd St, Kamiah, ID 83536	
Public Health – Idaho North Central District	
903 W Main St, Grangeville, ID 83530	208-983-2842
132 N Hill St, Kamiah, ID 83536.....	208-935-2124
Salmon River Medical Clinic – Riggins	208-628-3666
214 N Main St, Riggins, ID 83549	
Snake River Community Clinic (Uninsured patients only).....	208-743-5899
215 10 th St, Lewiston, ID 83501	
St. Mary’s Clinic – Elk City	208-842-2652
Highway 14, Elk City, ID 83525	
St. Mary’s Clinic – Cottonwood.....	208-962-3267
518 Oak St, Cottonwood, ID 83522	
St. Mary’s Clinic – Kamiah.....	208-935-2585
518 Oak St, Kamiah, ID 83536	
Syringa Clinic – Grangeville	208-983-8590
722 W North St, Grangeville, ID 83530	
Syringa Clinic – Kooskia.....	208-926-4776
022 N Main St, Kooskia, ID 83539	
Women’s Health Center – Syringa Hospital.....	208-983-5120
711 W North St, Suite B, Grangeville, ID 83530	

HEALTH SERVICES

Counseling/Mental Health Services

- Abbadaddy House, Inc. 208-962-7384
Cottonwood, ID 83522
- Camas Professional Counseling208-983-0235 or 866-983-0235
102 N College St, Grangeville, ID 83530
- Camas Professional Counseling 208-935-0363
511 Main St, Kamiah, ID 83536
cpc@cyberquest.com
- Clearwater Counseling 208-983-7717
318 ½ E Main, Grangeville, ID 83530
- Health & Welfare – Behavioral Health..... 208-983-2300
Children & Adult Mental Health
216 South C, Grangeville, ID 83530
After Hours – Children 866-788-7811
After Hours – Adults..... 866-449-3815

Cranio Sacral Therapy

- Healing Center at St. Gertrude 208-962-5085
465 Keuterville Rd, Cottonwood, ID 83522
www.HealingCenterAtStGertrudes.org
Cynthia Schultz, OSB, RN, BCST
- Syringa Therapy Services 208-983-1873
711 W North St, Grangeville, ID 83530
Alison Elsberry, OTR

HEALTH SERVICES

Dentists

- Albright, Ronald J, DDS** 208-926-4332
010 N Main, Kooskia, 83539
- Mountain View Dentistry 208-983-0105
615 W North St, Grangeville, ID 83530
www.grangevilledentistry.com
Dr. Tyler Harrington, DDS
Dr. Brad Schaff, DDS
- Nelson Family Dentistry..... 208-983-2422
412 W Main St, Grangeville, ID 83530
Dr. Michael D. Nelson, DDS
- McCall, Michael J, DDS** 208-935-2143
306 Main St, Kamiah, ID 83536
- Petersen, Bryan J, DDS**..... 208-983-1651
120 N A Grangeville, ID 83530
- Symond, Blaine, DDS** 208-839-2640
Skookumchuck Creek, White Bird, ID 83554
- Two Rivers Dental 208-628-3340
124 Main Street, Riggins, ID 83549

Diabetic Supplies (See Pharmacies, page 18)

Disabled Persons Assistance/Services

- B & B Shelter Care & Ranch..... 208-926-0049
Kooskia, ID 83539

HEALTH SERVICES

Disabled Persons Assistance/Services (Cont.)

Cottonwood Shelter Home	208-962-3975
210 Foster, Cottonwood, ID 83522	
Health & Welfare – Infant Toddler Services	208-983-2522
216 South C St, Grangeville, ID 83530	
Inclusion North.....	208-983-2901
304 N State St, Grangeville, ID 83530	
Opportunities Unlimited, Inc.....	208-983-0309 or 877-983-0309
405 E Main St, Grangeville, ID 83530	
Opportunities Unlimited, Inc.....	208-935-0847 or 877-935-0847
108 W 3 rd , Bldg 1, Hwy 12, Kamiah, ID 83536	

Drug Abuse/Addiction Services

Valleyview Recovery	
412 Hill St, Kamiah, ID 83536	208-935-0399
109 S Mill St, Grangeville, ID 83530.....	208-983-0898

End of Life Care

No One Shall Die Alone (NOSDA)	
Cottonwood	208-962-3201 or 208-962-3267
Kamiah	208-935-1829 or 208-935-0248
Kooskia.....	208-926-4168 or 208-476-8030
Syringa Hospital and Clinics Hospice	208-983-1700
607 W Main St, Grangeville, ID 83530	

HEALTH SERVICES

Eye Services (See Optometrists, page 17)

Health and Welfare, Department of

Idaho Department of Health and Welfare Region 2

Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties

Camas Resource Center – Idaho and Lewis Counties

216 S C St, Grangeville, ID 83530

www.healthandwelfare.idaho.gov

Child Abuse & Neglect; Family & Children Services 208-983-2522

CHIP – Children’s Health Insurance Program 877-456-1233

Developmental Disabilities Program / Infant Toddler 208-983-2522

Mental Health Services / Adult & Children 208-983-2300

Navigation Services – Get help finding needed services 208-983-2300

Self Reliance Benefits Program – Medicaid, CHIP, Foodstamps, TAFI..... 877-456-1233

Adult – After Hours Crisis Line 208-983-2300 or 866-449-3815

Children – After Hours Crisis Line..... 208-983-2522 or 866-788-7811

Health Clubs

Camas Fitness Center (Groaner’s)..... 208-983-7070

505/507 W Main, Grangeville, ID 83530

www.groanersgetfit.com

Valley Fitness Center 208-935-7755

108 3rd St, Kamiah, ID 83536

HEALTH SERVICES

Health Department

Public Health – Idaho North Central District – Region 2 208-799-3100
Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties
Main District Office: 2315 10th St, Lewiston, ID 83501

Grangeville Office – Idaho County 208-983-2842
903 W Main St, Grangeville, ID 83530
www.idahopublichealth.com

Kamiah Office – Lewis County 208-935-2124
132 N Hill St, Kamiah, ID 83536
www.idahopublichealth.com

Call the office numbers above for the following services and more:

Family Planning

HIV Testing, Confidential

Immunizations

Nutritional Counseling

WIC – Women, Infants and Children

Women’s Health Check – Breast & Cervical Cancer Screening

Idaho Care Line211

Nimipuu Tribal Health – Kamiah208-935-0733 or 888-891-0733

For CHIPS (Children’s Health Insurance Program) *see Health and Welfare*

Hearing Aids

Wykle’s Hearing Help208-983-5120 or 208-935-0399
722 West North St, Suite B, Grangeville, ID 83530

HEALTH SERVICES

Home Health Services

- Above and Beyond Care..... 208-962-9994
Cottonwood, ID 83522
- Alternative Nursing Services..... 208-935-2204
Or 888-658-2204
520 Main St, Kamiah, ID 83536
- Care Connection Home Care..... 208-983-3830
White Horse Business Center, Grangeville, ID 83530
- Devins Home Care 208-983-1237
221 W Main St, Grangeville, ID 83530
- Seubert's Quality Home Care.....208-983-5275 or 800-768-2004
158 E Main St, Grangeville, ID 83530
- Sundance Services Personal Homecare, Inc.208-983-0041 or 888-459-0313
71 W North 5th St, Grangeville, ID 83530
- Sundance Services Personal Homecare, Inc.208-839-2567 or 888-459-0313
Doumeq Rd, White Bird, ID 83554

Hospices

- Syringa Hospital and Clinics Hospice 208-983-1700
607 W Main St, Grangeville, ID 83530

Hospitals

- St. Mary's Hospital & Clinics**..... 208-962-3251
701 Lewiston St, Cottonwood, ID 83522

HEALTH SERVICES

Hospitals (Cont.)

St. Mary's Hospital Clinics

Cottonwood	208-962-3267
Craigmont.....	208-924-5504
Elk City	Call the Cottonwood Clinic
Kamiah	208-935-2585
Nezperce.....	208-937-2496

Acupuncture	Physical Therapy
Adult and Childhood Immunizations	Psychiatric Services
Cardio-Pulmonary Services	Obstetrical Services
Cardiac Services	Respiratory Services
Diabetic Counseling	Surgical Services
End-of-Life Care	Treadmill Testing
Gastro-Intestinal Lab	Sonography Services
Home Health Care	Sports Physicals
Lab and Radiology Services	Truck Driver Physicals
Nutritionists	Women's Wellness & Mammography

Syringa Hospital and Clinics 208-983-1700 or 800-772-5137
 607 W Main St, Grangeville, ID 83530

Adolescent Mental Health Services	208-983-8590
Developmental Disabilities Program.....	208-983-1700
Emergency Care.....	208-983-1700 or 911
Grangeville Medical Clinic	208-983-8590
Hospice	208-983-1700
Inpatient/Outpatient Surgery	208-983-1700
Kooskia Medical Clinic	208-983-4776
Laboratory	208-983-1700
OB/GYN.....	208-983-5120
Physical and Occupational Therapy	208-983-1873
Prescription Assistance	208-983-1700
Radiology.....	208-983-1700

HEALTH SERVICES

Hospitals (Cont.)

Syringa Hospital and Clinics (Cont.)

Smoking Cessation	208-983-1700
Syringa Hospital Foundation.....	208-983-1700
Women's Health Center.....	208-983-5120

Massage Therapy

Chris Koehler Therapeutic Massage	208-983-6317
617 W North St, Grangeville, ID 83530	
Clearwater Therapeutic Massage.....	208-926-0990
946 Red Fir Rd, Kooskia, ID 83539	
Dreamweaver Beauty Salon	208-935-7714
411 Main, Kamiah, ID 83536	
Emergence – Deanna English	208-507-0135
73 Spring Horse Ln, Grangeville, ID 83530	
www.emergence-mindfulness.com	
Eve McColloch Massage Therapy	208-507-1964
617 W North St, Grangeville, ID 83530	
Final Touch – Dani Running	208-983-1130
321 W Main, Grangeville, ID 83530	
Healing Hands Therapeutic Bodywork & Massage.....	208-935-0577
411 Main St, Kamiah, ID 83536	
Healing Rivers – Lenae Poppe	208-628-3890
Riggins, ID 83549	

HEALTH SERVICES

Massage Therapy (Cont.)

- Images Salon and Day Spa 208-983-2444 or 208-983-1775
158 E Main, Grangeville, ID 83530
- In-Touch Therapeutic Massage – **Pollyanna Candalot** 208-962-7225
503 King St, Cottonwood, ID 83522
- Kooskia Healing Center 208-926-4558
001 Front St, Kooskia, ID 83539
- Linnaea Kibler** 208-469-0703
Riggins, ID 83549
- Mandi Kendig** 208-628-2722
Riggins, ID 83549
- Margaret Hepner** 208-983-2553
Grangeville, ID 83530
- Massage by **Marina Bates** 208-983-0092
617 W North St, Grangeville, ID 83530
- Sylvia Heller** 208-926-7154
Kooskia, ID 83539

Medical Equipment

- Lincare, Inc 208-983-5345
Whitehorse Business Center, Grangeville, ID 83530
- Norco Medical 208-983-0390
329 W Main St, Grangeville, ID 83530

HEALTH SERVICES

Mental Health Services

- Abbadaddy House, Inc. 208-962-7384
Cottonwood, ID 83522
- Camas Professional Counseling 208-983-0235 or 866-983-0235
102 N College St, Grangeville, ID 83530
- Camas Professional Counseling 208-935-0363
511 Main St, Kamiah, ID 83536
cpc@cyberquest.com
- Clearwater Counseling 208-983-7717
318 ½ E Main, Grangeville, ID 83530
- Health & Welfare – Behavioral Health..... 208-983-2300
Children & Adult Mental Health
216 South C, Grangeville, ID 83530
After Hours – Children 866-788-7811
After Hours – Adults..... 866-449-3815
- Opportunities Unlimited, Inc. 208-983-0309
406 E Main, Grangeville, ID 83530

Midwives

- Yalad Birthing Services..... 208-962-7081
502 King St, Cottonwood, ID 83522
Riener, Sherry, CPM

HEALTH SERVICES

Nursing Homes

Grangeville Health and Rehabilitation..... 208-983-1131
410 E N 2nd St, Grangeville, ID 83530
www.ahcfacilities.com/grange_hrc.html

Optometrists

Brown Family Vision 208-983-0260
622 W North St, Grangeville, ID 83530
Dr. Joel Brown, OD

Camas Prairie Eye Clinic..... 208-983-3732
158 E Main St, Grangeville, ID 83530
Dr. Jill Lane, OD

Family Eye Care..... 208-935-7640
220 N Hill, Kamiah, ID 83536
Dr. Rick G Lundgren, OD

Idaho State Commission for the Blind and Visually Impaired..... 208-799-5009

Looking Glass Eye Clinic..... 208-935-2020
501 Main St, Kamiah, ID 83536
Dr. Adam Dayley, OD

Personal Fitness Consultant

Christine Hauger 208-315-5395
505/507 W Main, Grangeville, ID 83530

HEALTH SERVICES

Pharmacies

- Arzen Drug..... 208-962-3401
429 Main St, Cottonwood, ID 83522
- Irwin Drug Inc.....208-983-1090 or 888-983-1090
146 W Main St, Grangeville, ID 83530
- Kamiah Drug..... 208-935-2301
502 Main St, Kamiah, ID 83536

Physical and Occupational Therapy

- Grangeville Physical Therapy – St. Mary’s Clinic 208-983-2241
617 W North St, Grangeville, ID 83530
- Kamiah Physical Therapy – St. Mary’s Clinic..... 208-935-0367
619 4th St, Kamiah, ID 83536
- Prairie Rehabilitation Services, Inc 208-962-2308
Carletta Allen, Speech Therapist
- Preferred Physical Therapy 208-983-0199
126 E Main, Grangeville, ID 83530
Jeremy Pettinger, MPT
- St. Mary’s Hospital Physical Therapy - Cottonwood..... 208-962-3251
701 Lewiston St, Cottonwood, ID 83522
- Syringa Hospital Physical Therapy - Grangeville..... 208-983-1873
711 W North St, Grangeville, ID 83530
- Syringa Hospital Physical Therapy - Kooskia 208-926-4776
022 N Main St, Kooskia, ID 83539

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners

Brown, Vanessa, MD	208-926-7801
201 Thenon, Kooskia, ID 83539	
Bruner, Teel, MD	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Bunt, Clayton, MD	208-926-7801
201 Thenon, Kooskia, ID 83539	
Gehring, Peg, FNP	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Gilbert, Andrew, MD	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Hall, Dave, MD	208-628-3666
214 N Main St, Riggins, ID 83549	
Hamell, Rachelle, FNP	208-628-3666
214 N Main St, Riggins, ID 83549	
Hewlett, Brenda, FNP	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	
Hollopeter, Wayne, MD	208-983-0300
721 W North St, Grangeville, ID 83530	
Imus, Mark, FNP	208-983-8590
722 W North St, Grangeville, ID 83530	
Jones, Andrew, DO	208-962-3267
701 Lewiston St, Cottonwood, ID 83522	

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners (Cont.)

- MacMillan III, James D., MD, OB-GYN**..... 208-983-5120
722 W North St, Grangeville, ID 83530
- MacMillan, Lynnda, ARNP in OB-GYN**..... 208-983-5120
722 W North St, Grangeville, ID 83530
- Minnehan, Haley, MD**..... 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Mucha, Terri, MD** 208-628-3666
214 N Main St, Riggins, ID 83549
- Ostrander, Jeremy, MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Schaller, Christine, MD** 208-983-8590
722 W North St, Grangeville, ID 83530
- Schochler, Amy, DO**..... 208-926-7801
201 Thenon, Kooskia, ID 83539
- Secrest, Jack, MD**..... 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Sigler, Ronald, L., MD** 208-962-3267
701 Lewiston St, Cottonwood, ID 83522
- Smith, Jessi, PA-C** 208-983-8590
722 W North St, Grangeville, ID 83530
- Smith, Ty, DO**..... 208-983-8590
722 W North St, Grangeville, ID 83530

HEALTH SERVICES

Physicians, Physician Assistants, and Nurse Practitioners (Cont.)

Wilson, Megan, RNP, PNP 208-962-3267
701 Lewiston St, Cottonwood, ID 83522

Winder, Nathan, PA-C..... 208-983-8590
722 W North St, Grangeville, ID 83530

Speech Therapy

Prairie Rehabilitation Services, Inc 208-962-2308
Carletta Allen, Speech Therapist

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Adult Protective Services

- Agency on Aging 208-743-5580 or 800-877-3206
- Community Action Partnership
117 W North St, Grangeville, ID 83530..... 208-983-0437
615 4th St, Kamiah, ID 83536..... 208-935-2412
- Idaho Adult Protection 800-877-3206

Chambers of Commerce

- Cottonwood Chamber of Commerce 208-962-3231
506 King St, Cottonwood, ID 83522
www.cottonwoodidaho.org
- Grangeville Chamber of Commerce 208-983-0460
PO Box 212, Grangeville, ID 83530
www.grangevilleidaho.com
- Kamiah Chamber of Commerce 208-935-2290
518 Main St, Kamiah ID 83536
www.kamiahchamber.com
- Kooskia Chamber of Commerce 208-926-4362
26 S Main St, Kooskia, ID 83539
www.kooskia.com
- Salmon River Chamber of Commerce 208-628-3778
126 N Main, Riggins, ID 83549
www.rigginsidaho.com

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Chambers of Commerce (Cont.)

White Bird Chamber of Commerce 208-839-2444
PO Box 93, White Bird, ID 83554
www.whitebirdidaho.com

Children’s Services

A.S.K. After School Kids 208-628-2770
121 N Main St, Riggins, ID 83549

Center for Discovery 208-962-3122
907 Lewiston St, Cottonwood, ID 83522

Discovery Center, The..... 208-926-0964
306 E Pine St, Kooskia, ID 83539

Health & Welfare – Children & Family Services 208-983-2522
216 South C St, Grangeville, ID 83530
(Child protection, foster care licensing, day care, preventive services)

Health & Welfare – Infant Toddler Services 208-983-2522
216 South C St, Grangeville, ID 83530

Idaho Child Care Program..... Careline 211
(Assistance with day care)

Kamiah After School Program (K.A.P.) 208-935-4044
906 12th St, Kamiah, ID 83536

KIDS Klub, Inc., The 208-983-2285
400 S Idaho St, Grangeville, ID 83530

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Children’s Services (Cont.)

Lewis-Clark Early Childhood Program – Head Start	
515 E Main St, Grangeville, ID 83530.....	208-983-1671
1319 Hill St, Kamiah, ID 83536	208-935-2811
133 N Main, Riggins, ID 83549.....	208-628-3854
Nez Perce Tribe Head Start	208-935-2888
4 th St, Kamiah, ID 83536	
REACH Club	208-842-2218
100 School Lane, Elk City, ID 83525	

Child Abuse and Neglect Services

Health & Welfare – Children & Family Services	208-983-2522
216 South C St, Grangeville, ID 83530	
(Child protection, foster care licensing, day care, preventive services)	

City Offices Information

Cottonwood City Hall	208-962-3231
405 S 2 nd St, Cottonwood, ID 83522	
www.cottonwoodidaho.org	
Ferdinand City Hall	208-962-5640
407 Main St, Ferdinand, ID 83526	
Grangeville City Hall	208-983-2851
225 W North St, Grangeville, ID 83530	
www.grangeville.us	

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

City Offices Information (Cont.)

Kamiah City Hall	208-935-0020
507 Main St, Kamiah, ID 83536	
www.kamiahchamber.com	
Kooskia City Hall.....	208-926-4684
213 S Main St, Kooskia, ID 83539	
www.kooskia.com	
Riggins City Hall.....	208-628-3394
126 N Main St, Riggins, ID 83549	
www.rigginsidaho.org	
Stites City Hall	208-926-7121
213 Main St, Kooskia, ID 83539	
White Bird City Hall	208-839-2294
White Bird, ID 83554	
www.whitebirdidaho.com	

City Utilities Information

City of Cottonwood.....	208-962-3231 or 208-962-3232
506 King St, Cottonwood, ID 83522	
City of Ferdinand	208-962-5640
407 Main St, Ferdinand, ID 83526	
Elk City Water Department	208-842-2315
Grangeville Water and Sewer Department	208-983-2982
225 W North St, Grangeville, ID 83530	

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

City Utilities Information (Cont.)

Ferdinand City Hall	208-962-5640
407 Main St, Ferdinand, ID 83526	
Kamiah City Hall	208-935-0020
507 Main St, Kamiah, ID 83536	
www.kamiahchamber.com	
Kooskia City Hall.....	208-926-4684
213 S Main St, Kooskia, ID 83539	
www.kooskia.com	
Riggins City Hall.....	208-628-3394
126 N Main St, Riggins, ID 83549	
www.rigginsidaho.org	
Stites City Hall	208-926-7121
213 Main St, Kooskia, ID 83539	
White Bird City Hall	208-839-2294
White Bird, ID 83554	
www.whitebirdidaho.com	

Counseling/Mental Health (See Mental Health Services, page 16)

County Offices Information

Idaho County Assessor	208-983-2742
Idaho County Clerk/Auditor	208-983-2751

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

County Offices Information (Cont.)

Idaho County Commissioners 208-983-2751

Crime Prevention (See Law Enforcement/Crime Prevention Services, page 32)

Dental Services

Dental Hygiene Program at LCSC 208-792-2930
dental@lcsc.edu

Snake River Community Clinic (Emergency only) 208-743-5899
215 10th St, Lewiston, ID 83501

Disability Services

Center on Disabilities and Human Development 888-746-2655

Health & Welfare - Infant Toddler Services 208-983-2300
216 South C St, Grangeville, ID 83530

Social Security Administration 800-772-1213
1617 19 Ave, Lewiston, ID 83501
www.ssa.gov

Domestic Violence/Family Violence

Alternatives to Violence of the Palouse 208-883-HELP

American Red Cross 208-746-7332

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Domestic Violence/Family Violence (Cont.)

YWCA 208-743-1535
300 Main St, Lewiston, ID 83501

Domestic Violence Hotline800-799-SAFE

Food Banks

Evergreen Food Bank
319 E Main, Grangeville, ID 83530 208-983-5475

Feed My Sheep Food Pantry – Pine Ridge Baptist Church
108 Pine Rd, Kamiah, ID 83536

Idaho County Food Bank
113 W North St, Grangeville, ID 83530..... 208-983-6114

Kamiah Community Food Basket Program 208-935-2412

Kooskia – Clearwater Valley Food Bank 208-926-4883

Mobile Pantry, Stites Baptist Church
Stites, ID 83552

Riggins Food Bank..... 208-628-3394

St. Mary’s Hospital Food Bank 208-962-3251

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Food and Drug Complaints

Idaho Dept of Health and Welfare, Region 2..... 208-799-4338
118 F St, Lewiston, ID 83501

Foot and Nail Care

Pampered Feet Foot Care 208-935-0030
Kamiah, ID 83536

Polish'd Nail Spa..... 208-983-0770
107 W North St, Grangeville, ID 83530

Funeral Homes

Blackmer Funeral Home..... 208-983-0740
305 N Mill St, Grangeville, ID 83530

Trenary Funeral Home 208-926-0011
018 West 1st Ave, Kooskia, ID 83539

Uhlorn Funeral Home..... 208-962-3910
414 Myrtle St, Cottonwood, ID 83522

Head Start Programs

Grangeville Head Start Program..... 208-983-1671
515 E Main St, Grangeville, ID 83530

Lewis-Clark Early Childhood Development – Kamiah 208-935-2811
1319 Hill St, Kamiah, ID 83536

HEALTH RELATED SERVICES – LOCAL GOVERNMENT – COMMUNITY – SOCIAL SERVICES

Head Start Programs (Cont.)

Lewis-Clark Early Childhood Development – Riggins	208-628-3854
Riggins Elementary School, Riggins, ID 83549	
Nez Perce Tribal Head Start	208-935-2888
Kamiah, ID 83536	

Health and Welfare, Department of

Idaho Department of Health and Welfare Region 2
Covers Nez Perce, Latah, Clearwater, Idaho and Lewis Counties

Camas Resource Center – Idaho and Lewis Counties

216 S C St, Grangeville, ID 83530

www.healthandwelfare.idaho.gov

Child Abuse & Neglect; Family & Children Services	208-983-2522
CHIP – Children’s Health Insurance Program	877-456-1233
Developmental Disabilities Program / Infant Toddler	208-983-2522
Mental Health Services / Adult & Children	208-983-2300
Navigation Services – Get help finding needed services	208-983-2300
Self Reliance Benefits Program – Medicaid, CHIP, Food Stamps, TAFI	877-456-1233
Adult – After Hours Crisis Line	208-983-2300 or 866-449-3815
Children – After Hours Crisis Line.....	208-983-2522 or 866-788-7811

Health Education/Schools/Colleges/Universities/Wellness Programs

University of Idaho Extension

Health & Nutrition and Food Safety

320 W Main St, Courthouse Room 3, Grangeville, ID 83530

Kirsten Jensen

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Health Food Products – Retail

Health Horizons	208-935-0544
Kamiah, ID 83536	
Kooskia Herbs ‘N Things	208-926-4372
10 N Main St, Kooskia, ID 83539	
The Health Food Store	208-983-1276
221 W Main St, Grangeville, ID 83530	

Herbal Producers

Two Ravens Herbals	208-926-7833
205 Cedar Hollow Ln, Kooskia, ID 83539	
www.tworavensherbals.com	

Housing

Nez Perce Tribe Housing Authority	208-935-0660
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Human Services (See Health and Welfare, page 31)

Law Enforcement Services/Crime Prevention Services

Cottonwood Police Department.....	208-962-3231
Elk City Police Department.....	208-983-1100
Grangeville Police Department.....	208-983-1351
Kamiah Police Department.....	208-937-2447
Kooskia Police Department	208-926-4221

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Law Enforcement Services/Crime Prevention Services (Cont.)

Riggins Police Department.....	208-628-3738 or 1-800-922-9141
Idaho County Sheriff’s Department.....	208-983-1100
Idaho Fish and Game Department Clearwater Region, Lewiston, ID 83501	208-799-5010
Idaho State Police.....	208-799-5151
2700 N & S Hwy, Lewiston ID 83501	

Medicaid/Medicare

Idaho Medicaid.....	877-456-1233
www.healthandwelfare.idaho.gov	
Medicaid Healthy Connections.....	888-799-5088
Medicare Drug Plan – Contact SHIBA at.....	800-488-5725
www.medicare.gov	
Medicare Hotline.....	800-638-6833
Medicare Reimbursement Information – Idaho	800-627-2782
Social Security Administration.....	800-772-1213
www.ssa.gov	

Mental Health (See Mental Health Services, page 16)

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Newspapers

- Clearwater Progress* 208-935-0838
615 4th St, Kamiah, ID 83536
www.clearwaterprogress.com
- Cottonwood Chronicle* 208-962-3851
503 King St, Cottonwood, ID 83522
www.cottonwoodchronicle.com
- Idaho County Free Press*..... 208-983-1070
900 W Main St, Grangeville, ID 83530
www.idahocountyfreepress.com
- The Current* 208-628-2340
114 N Main, Riggins, ID 83549
currentnews@frontiernet.net
- The Shopper* 208-983-1200
900 W Main St, Grangeville, ID 83530

Prescription Assistance

- R_x Idaho, Idaho Careline211
www.rxidaho.org
- St. Mary’s Needy Meds Program 208-962-3267
- Syringa Hospital Needy Meds Program 208-983-1700

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Reiki

Margaret Hepner..... 208-983-2553
Grangeville, ID 83530

Senior Services

Burkhart Homes 208-935-0488
812 1st St, Kamiah, ID 83536

Grangeville Senior Citizen Center 208-983-2033
Bypass Truck Route, Grangeville, ID 83530

Haven of Rest 208-935-2954
3362 Willow, Kamiah, ID 83536

Irwin Center Senior Housing 208-628-3582
Riggins, ID 83549

Kamiah Senior Kitchen 208-935-2954
125 Maple, Kamiah, ID 83536

Riggins Senior Citizen Center 208-628-3828
IOOF Hall, Riggins, ID 83549

Social Services

Camas Resource Center – Idaho and Lewis Counties
216 S C St, Grangeville, ID 83530
Children & Family Services, Infant Toddler 208-983-2522
Adult & Children Mental Health 208-983-2300
Medicaid, Food Stamps 877-456-1233

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Social Services (Cont.)

Careline211
www.idahopublichealth.com

Public Health – Idaho North Central District..... 208-799-3100
Idaho County 208-983-2842
Lewis County..... 208-935-2124

Suicide Prevention

National Suicide Prevention Hotline800-273-TALK

Suicide Resourceswww.healthandwelfare.idaho.gov

Transportation

CABS 208-628-3394
Riggins, ID 83549

Idaho County Rideshare 877-983-9309

Idaho Medicaid Transportation – Ask for Region 2 800-296-0509

Palouse Rideshare Network..... 208-882-1444
www.palouserideshare.org

Prairie Transportation..... 208-962-3975
Cottonwood, ID 83522

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Veterans’ Services

Boise VA Hospital	208-442-1000
www.cl.idaho.gov	
Idaho County Veterans’ Services	208-983-0239
320 W Main St, 29, Grangeville, ID 83530	
Spokane VA Hospital.....	800-325-7940
Walla Walla VA Hospital.....	888-687-8863

Welfare Information

Health & Welfare Camas Resource Center	877-456-1233
216 South C St, Grangeville, ID 83530	
(Idaho and Lewis Counties)	

Women’s Services

Hope Pregnancy Center.....	208-983-0093
212 North B, Grangeville, ID 83530	
Hopepc.camasnet.com	
Idaho Women’s Commission	800-643-7798
Women’s Health Check, Idaho Careline	211

**HEALTH RELATED SERVICES – LOCAL GOVERNMENT –
COMMUNITY – SOCIAL SERVICES**

Workers’ Compensation

- Department of Labor 208-983-0440
305 N State St, Grangeville, ID 83530
- Idaho Industrial Commission..... 208-334-6000

Yoga

- Emergence – **Deanna English** 208-507-0135
73 Spring Horse Ln, Grangeville, ID 83530
www.emergence-mindfulness.com
- Massage by **Marina Bates** 208-983-0092
617 W North St, Grangeville, ID 83530
- Yoga in the Canyon – **Mariah Crump** 208-628-2793
Riggins, ID 83549
rosehey@gmail.com

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

AIDS/HIV

Idaho Health Department 208-334-6527

Idaho AIDS Foundation Hotline 800-926-2588

National AIDS Hotline..... 800-342-AIDS (2437)
Spanish (Español) 800-344-SIDA (7432)
Hearing Impaired 800-243-7889

Alcohol

Al-Anon/Alateen World Service Office 888-425-2666
Or 208-298-0997
<http://www.al-anon-idaho.org/>

Alcoholics Anonymous 866-547-4673
<http://www.alcoholics-anonymous.org/>

Alzheimer's

Alzheimer's Association National Information Line 800-272-3900
<http://www.alz.org/>

Arthritis

National Arthritis Foundation 800-444-4993
Or 801-536-0990
<http://www.arthritis.org/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Better Business Bureau

Better Business Bureau 509-455-4200
Serving Eastern Washington, Northern Idaho and Montana
152 S Jefferson, Ste 200, Spokane, WA 99201

Birth Certificates

Idaho Vital Statistics 208-334-5988

Cancer

American Cancer Society..... 800-227-2345
<http://www.cancer.org/>

National Cancer Institute (Cancer Information Service)..... 800-422-6237
Or.....(TTY) 1-800-332-8615

Child Abuse/Family Violence

CDC National Information Hotline 800-232-4636

Childhelp USA National Child Abuse Hotline
(Children can call this number for help)
National..... 800-4-A-CHILD
Or 800-422-4453
<http://www.childhelp.org/>

Child Welfare Information Gateway 800-394-3366

National Child Safety Council 800-222-1464

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Child Abuse/Family Violence (Cont.)

- National Domestic Violence 24 Hour Hotline 800-799-7233 (SAFE)
- Prevent Child Abuse America (Parenting guidance) 800-244-5373
(Automatically routes to local area.)
<http://www.preventchildabuse.org/>

Child Health

- National SIDS & Infant Death Support Center (First Candle) 800-638-7437
(Available 9:00 am – 5:00 pm, Monday through Friday)
SIDS (Sudden Infant Death)
<http://sids-network.org>

Children and Youth Services

- 4-H 208-983-2667 or 850-547-1108
- Girls' and Boys' Town National Hotline 800-448-3000
<http://www.boystown.org/>
- Nat'l Ctr. for Missing and Exploited Children Hotline 800-843-5678
- National Juvenile Justice Clearinghouse 800-638-8736
- National Runaway Switchboard 800-786-2929 (RUNAWAY)
Or 800-621-4000

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Children and Youth Services (Cont.)

National Suicide & Crisis Hotline 800-784-2433 (SUICIDE)
Or..... 800-273-8255 (TALK)
(Automatically routes to local area.)
<http://www.suicidehotlines.com/>

Cystic Fibrosis

Cystic Fibrosis Foundation 800-FIGHT CF (344-4823)
Idaho Chapter..... 801-281-1886
<http://www.cff.org>

Death Certificates

Idaho Vital Statistics 208-334-5988

Dental Services

Idaho State Board of Dentistry..... 208-334-2369
PO Box 83720, Boise, ID 83720-0021
<http://www2.state.id.us/isbd/>

Idaho State Dental Association 800-932-8153
Or 208-343-7543
1220 W Hays St, Boise, ID 83720
www.isdaweb.com

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Diabetes

American Diabetes Association.....800-342-2383 (DIABETES)
<http://www.diabetes.org/>

Disability Services

Adult Developmental Disability Services..... 208-799-4430
Regional Medicaid Unit, 118 F St, Lewiston, ID 83501

American Association on Mental Retardation 800-424-3688

Autism Society of America..... 800-328-8476
7910 Woodmont Ave, Suite 300, Bethesda, MD 20814-3067
<http://www.autism-society.org/>

Christopher Reeve Paralysis Foundation..... 800-225-0292
<http://www.apacure.org/>

Clearinghouse on Disability Information 877-232-4968

Disability Hotline 800-786-6202

National Association for Parents of the Visually Impaired..... 800-562-6265
PO Box 317, Watertown, MA 02471
<http://www.spedex.com/napvi/>

Paralyzed Veterans of America 800-555-9140
801 Eighteenth St, NW, Washington, DC 20006-3517
<http://www.pva.org/>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Domestic Violence/Family Violence (See Child Abuse/Family Violence, page 40)

Down Syndrome

National Down Syndrome Society 800-221-4602
<http://www.ndss.org>

Drugs/Narcotics Abuse and Prevention

National Council on Alcoholism & Drug
Dependence Hot Line 800-622-2255

National Alcohol/Drug Abuse Hotline 800-662-4357

Office of National Drug Control Policy Drug
Policy Clearinghouse 800-666-3332
National Youth Anti Drug Media Campaign..... 800-788-2800
<http://www.whitehousedrugpolicy.gov/>

Partnership for a Drug-Free America 800-624-0100

Eldercare

Eldercare Locator (Resources for the Elderly) 800-677-1116
(U.S. Administration on Aging; provides directory assistance to locate
county services.)
<http://www.elderweb.com>

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Eldercare (Cont.)

Idaho Commission on Aging..... 877-471-2777
Idaho County Area..... 208-743-5580
3380 Americana Terrace, Suite 120, Boise, ID 83706
<http://www.idahoaging.com/>

Eye Services

American Council of the Blind..... 800-424-8666
<http://www.acb.org/>

Eye Care America Seniors Eye Care Program..... 800-222-3937

Optometry Board..... 800-725-6723

Visual Services Older Blind Telephone Information Line..... 800-829-3255
(Service for 55 years of age and older and legally blind.)

Family Services

American Red Cross of Greater Idaho..... 800-853-2570

Headache

National Headache Foundation..... 800-843-2256
<http://www.headaches.org/>

STATE AND NATIONAL INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES

Health Information

American Social Health Association	800-227-8922
Centers for Disease Control Information.....	800-232-2522
National Health Information Center	800-336-4797

Hearing and Speech

American Speech-Language- Hearing Association	800-638-8255
http://www.asha.org	
International Hearing Society Hearing Aid Help Line.....	800-521-5247

Heart

American Heart Association	800-242-8721
http://www.americanheart.org/	

Kidney

American Kidney Fund	800-638-8299
(Monday through Friday, 8:00 am - 4:00 pm)	
National Kidney Foundation.....	800-622-9010

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Legal Services

Idaho Legal Aid Services, Inc..... 208-345-0106
PO Box 913, Boise, ID 83701
Senior Hotline 866-954-2591
Domestic Violence 877-500-2980

Liver

American Liver Foundation..... 800-223-0179
(Hepatitis/Liver Disease Helpline)
<http://www.liverfoundation.org>

Lung

American Lung Association 800-586-4872
<http://www.lungusa.org>

Mental Health

Idaho Health and Welfare.....www.healthandwelfare.idaho.gov
Region 2 Mental Health, 118 F St, Lewiston, ID 83530
For ADULTS 208-799-4440
For CHILDREN 208-799-4360

National Mental Health Information Center..... 800-632-5125
Or 208-334-5528
www.mentalhealth.samhsa.gov/

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Parkinson's Disease

American Parkinson's Disease Association 800-223-2732

Protective Services

Adult Protective Services – Department of Human Services 800-522-3511
(Nights & Weekends)

Child or Adult Abuse Hot Line (Nights & Weekends) 800-522-3511
Or..... 800-962-2873

Child Help USA (Child Abuse Hotline) 800-422-4453 (4-A-CHILD)
Or (TDD) 800-222-4453
(Hotline for children who are being abused to get professional counseling.)
<http://www.childhelpusa.org/>

National Runaway Switchboard 800-786-2929 (RUNAWAY)
Or..... 800-621-4000

Rape Crisis Hotline

Rape, Abuse & Incest National Network (RAINN)..... 800-656-4673

Rehabilitation Services

Idaho Division of Vocational Rehabilitation 208-799-2070
1118 F St, Lewiston, Idaho, 83501-1986
<http://www.vr.idaho.gov/>

STATE AND NATIONAL INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES

Senior Information

- AARP Idaho 866-295-7284
3080 E Gentry Way, Ste 100, Meridian, ID 83642
- AARP State Information Center 888-687-2277
<http://www.aarp.org/>
- Eldercare Locator 800-677-1116
(US Administration on Aging: provides directory assistance to locate county services.)
- Ombudsman (Senior Information Line) 800-377-3259
24 Hour Message Line 208-395-7876
<http://www.boiseombudsman.org/>
(Nutrition, respite care, legal aid, Area Agency on Aging.)

Social Security

- Social Security Administration..... 800-772-1213
www.ssa.gov

Suicide

- National Suicide & Crisis Hotline 800-784-2433 (SUICIDE)
Or.....800-273 8255 (TALK)
(Automatically routes to local area.)
<http://www.suicidehotlines.com/>
- Regional Mental Health Services 208-799-4440
www.state.id.us/dhw

**STATE AND NATIONAL
INFORMATION SERVICES-SUPPORT GROUPS-HELP LINES**

Transport Services for Patients

National Patient Travel Help Line 800-296-1217
<http://www.patienttravel.org/>

Veterans' Services

Department of Veterans Affairs Telephone Assistance Hotline..... 800-827-1000
<http://www.va.gov>

Idaho Division of Veterans Services 208-246-8777
<http://veterans.idaho.gov/>

DIRECTORY UPDATES AND CORRECTIONS

Every effort has been made to include all services relevant to this directory. If your listing has been omitted or is incorrect, please notify one of the following:

PLEASE CONTACT:

Idaho County Commissioners
St. Mary's Hospitals and Clinics
Syringa Hospital and Clinics

